

FITNESS CENTER SIGN UP INSTRUCTIONS

H3E Experiences App

Please scan the QR code with your phone and download the app or search “h3experiences” in the app store or google play.



4:15

5G

Login to h3experiences

Access the app with a work email

Tap to type work email

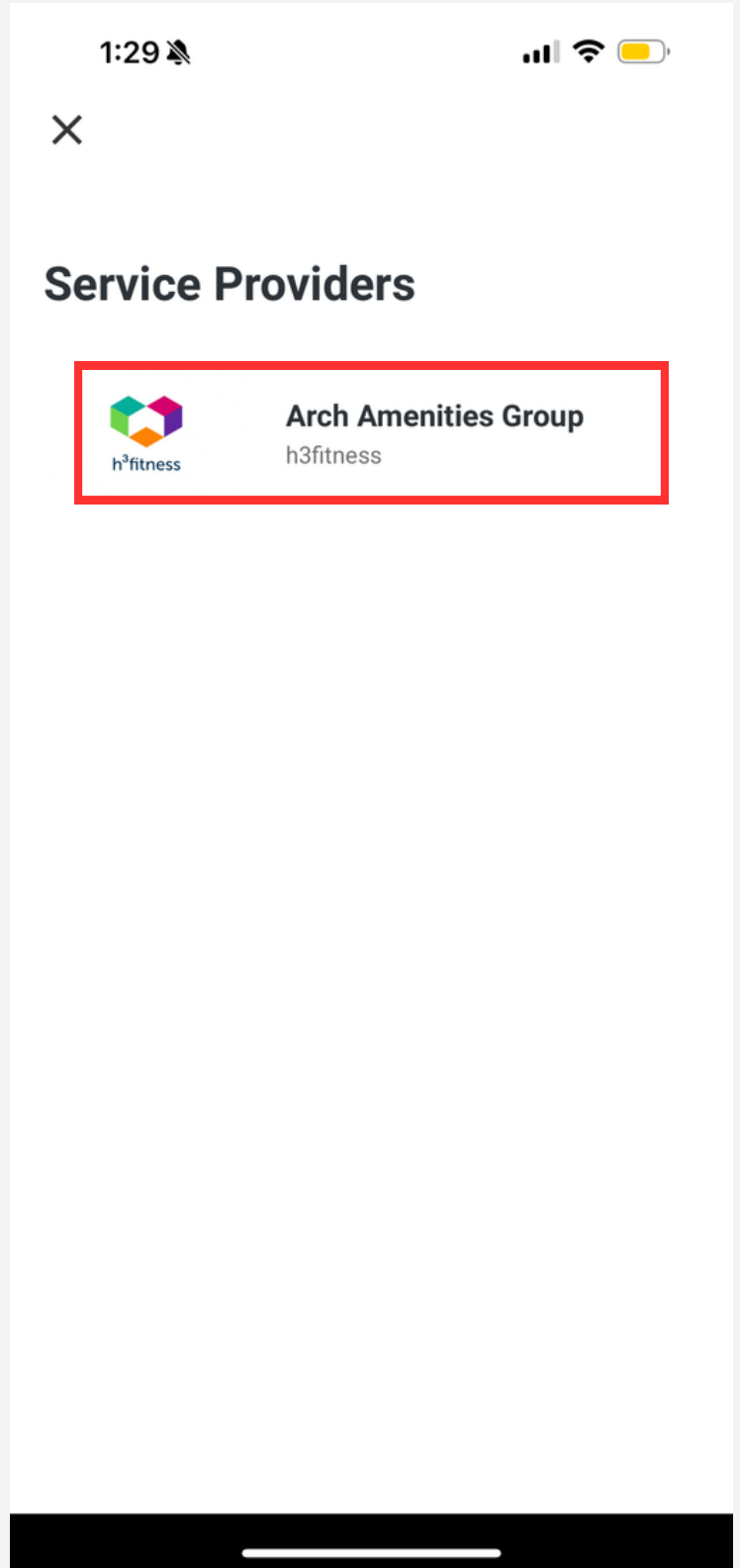
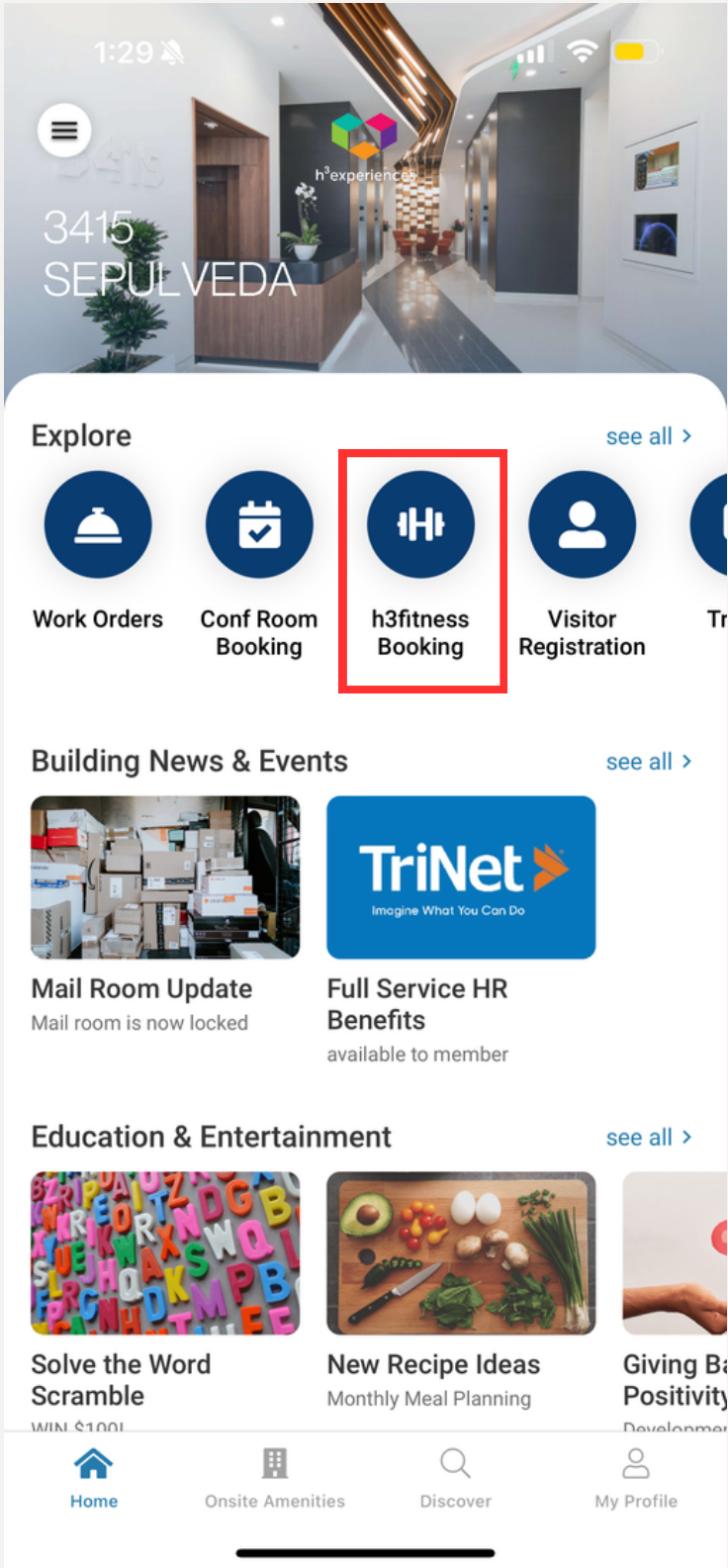
Next

[Don't have a work email?](#)

Login using your work email

REMINDER

If you are using a non work email (Gmail, Yahoo, Hotmail, etc.) or if your work email domain is not added into our system, please reach out to management office or email sepcentermanagement@swigco.com



1:29



Arch Amenities Group

h3fitness

[Become a member](#)

Description

3415 Sepulveda offers its tenants a modern Fitness Center, equipped with a wide selection of workout machines, equipment, yoga studio and a complete locker room with shower facilities. To join the fitness center, please visit click the "Become a Member" link above.

If you would like a tour of the Fitness Center prior to joining, please call the management office to schedule at 310-397-1200

[View schedule](#)

1:30



Contact information

Please provide the information requested in order to complete your registration

Full name

Fill out all Contact Information

Email

Enter your work email address

Address line 1 *

Number and street

City *

Enter city

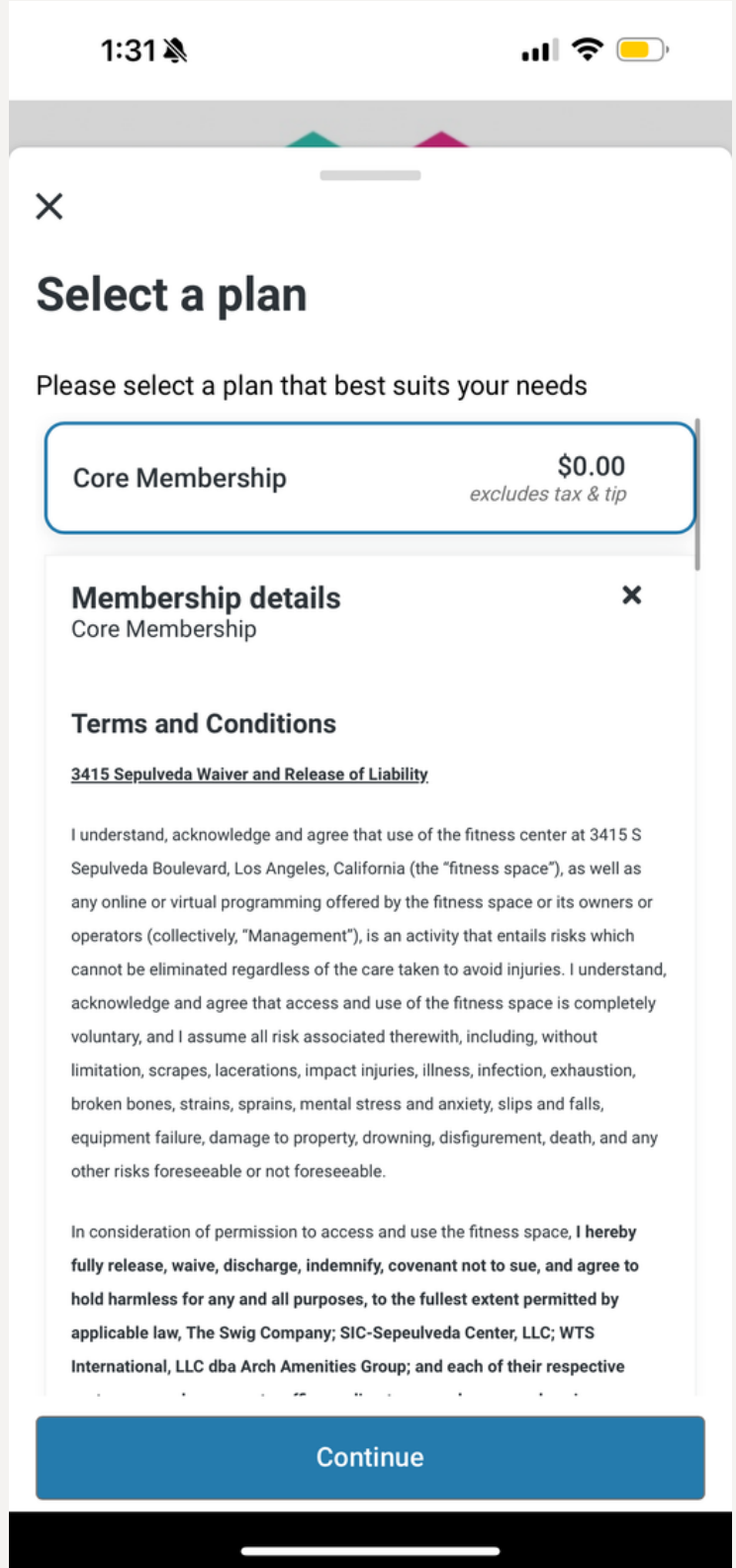
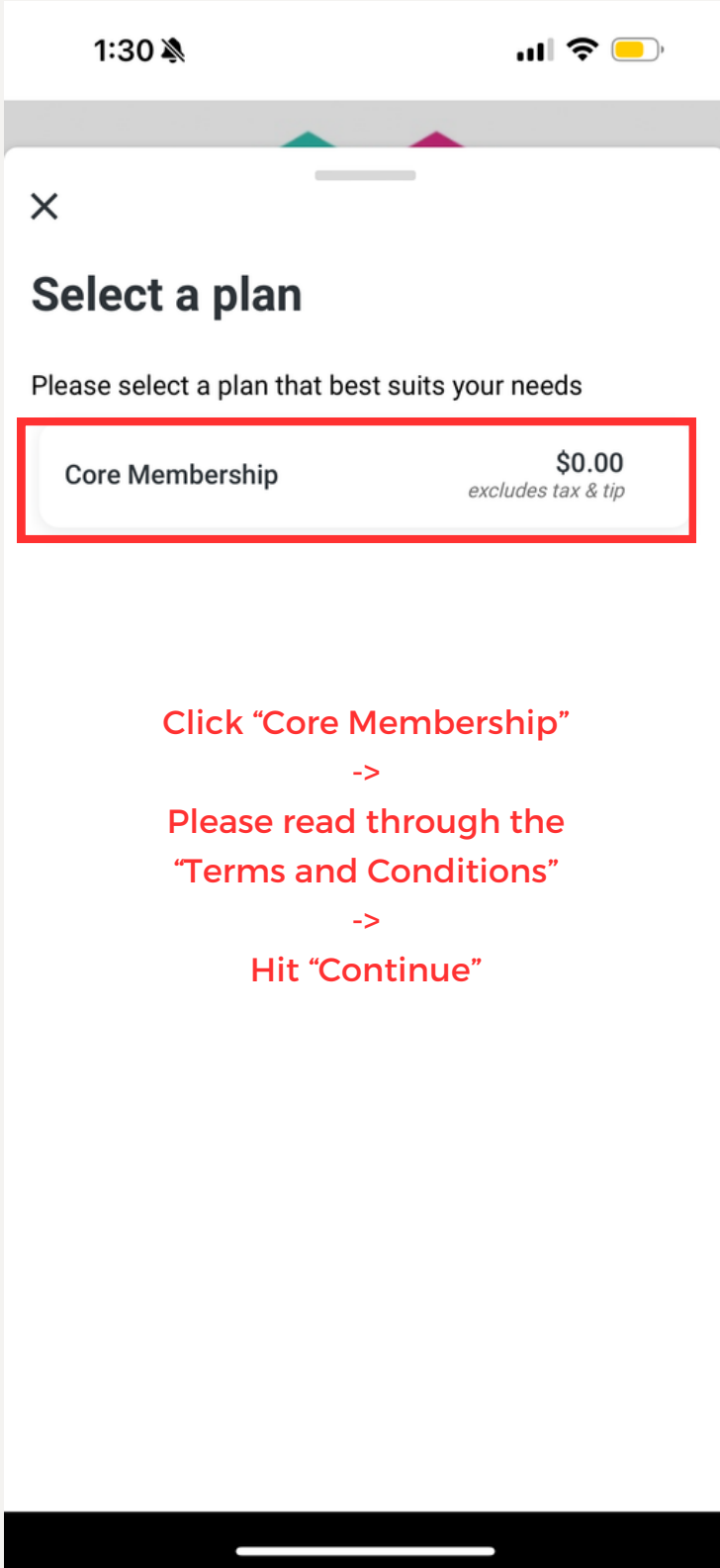
State *

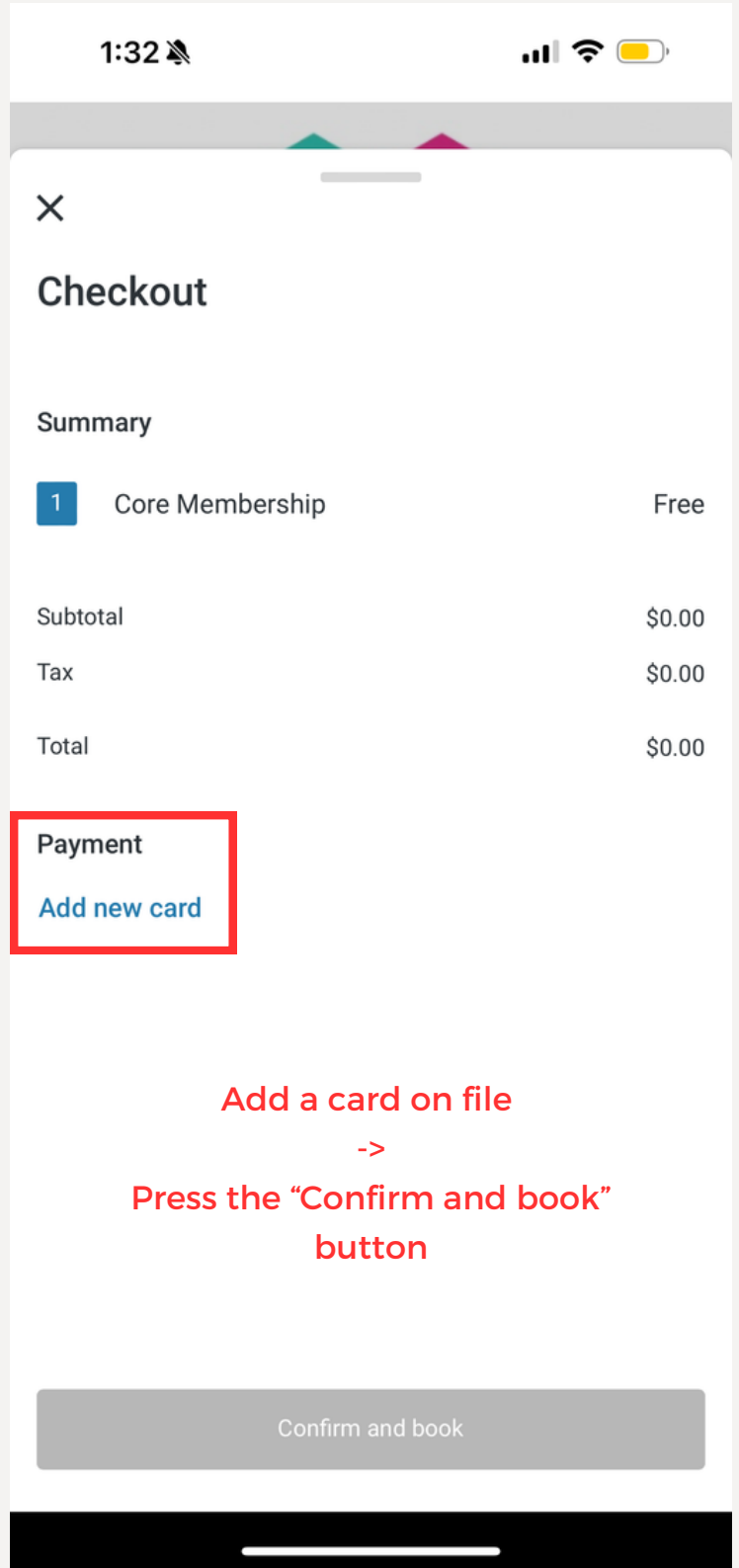
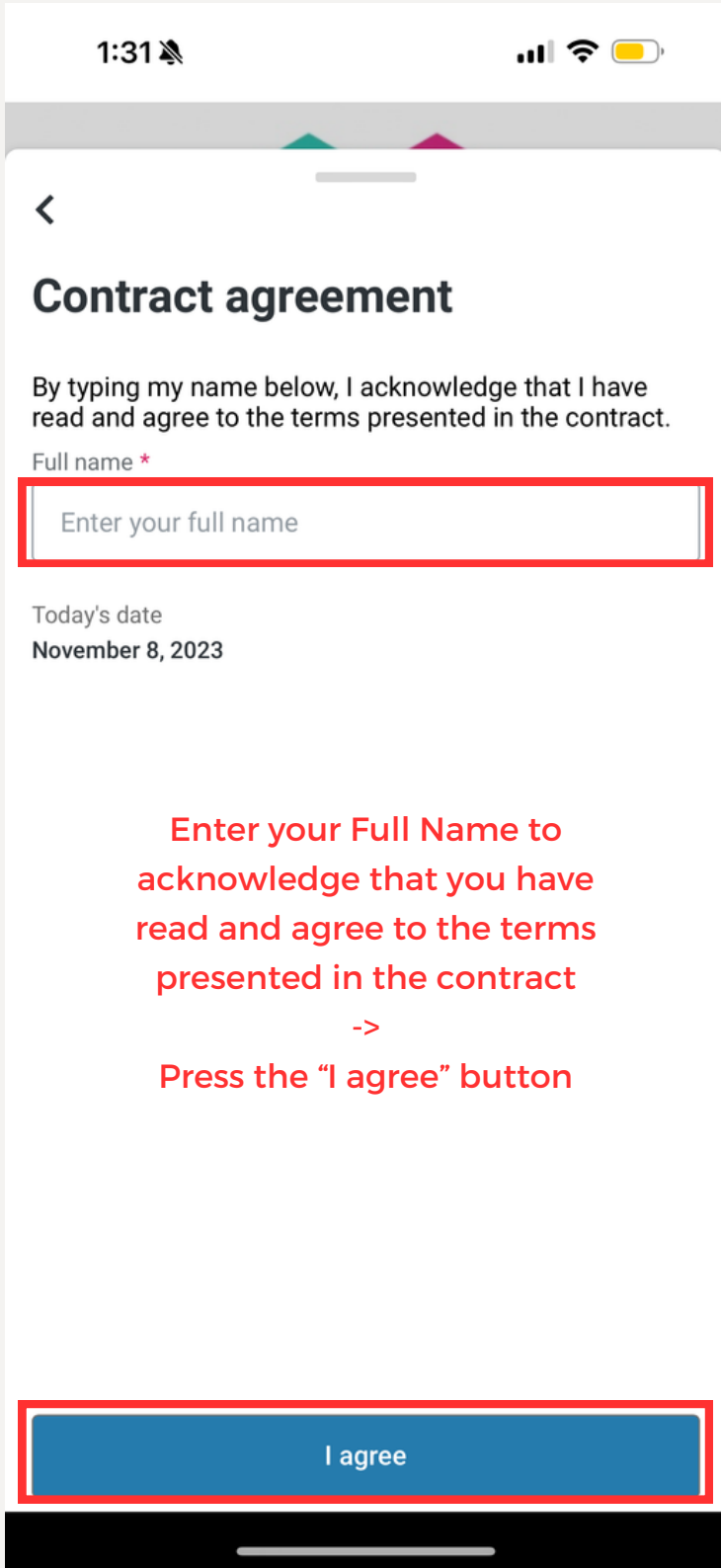
E.g. MA/Massachusetts

Postal code *

Enter zip code

[Continue](#)





REGISTRATION COMPLETE!

Please wait 24-48 business hours for gym access to load onto your access card.

If you do not have access after this period, please reach out to the management office or email sepcentermanagement@swigco.com



THE SWIG
C O M P A N Y